

Materials



- 0.4m cotton fabric
- 0.4m 1/4" wide elastic

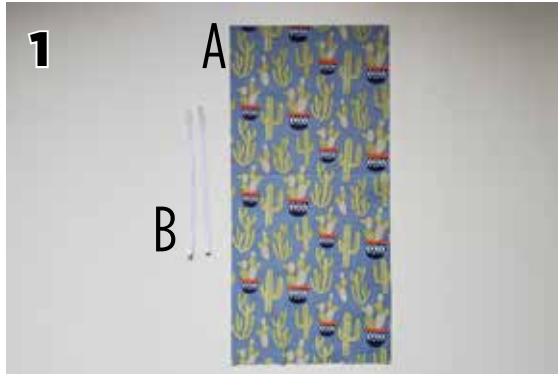
Sewing Info

- Seam allowances are 1/4" unless otherwise indicated.
- Pleat: A fold formed by doubling over the fabric and stitching it to itself and secured in place. Used in garments to fit narrower parts, or in drapes for texture.
- Edgestitch: The process of stitching on the exterior side of a project near a fold or seamed edge to keep them in place. Also can be known as topstitching if done away from an edge.

Disclaimer:

This face mask is not intended to replace surgical face masks. It is an additional option for individuals to feel protected and avoid touching their face while leaving surgical masks for our front-line workers. The material suggested is not medically approved. These masks are not proven to prevent Covid-19 or any other illnesses. Masks are effective only when used in combination with frequent handcleaning with alcohol-based hand rub or soap and water. For more information on masks please visit <https://www.who.int/emergencies/diseases/novelcoronavirus-2019/advice-for-public/when-and-how-to-use-masks>

Instructions



- A. Cut 1 Rectangle in either XS, S, M or L.
 B. Cut 2 strips of 1/4" elastic in either XS, S, M or L.
- XS : Rectangle: 12" x 4"
 Elastic: 5"
- S : Rectangle: 14" x 5"
 Elastic: 6"
- M : Rectangle: 15" x 8.5"
 Elastic: 7"
- L : Rectangle: 16" x 8.5"
 Elastic: 8"



2. Fold rectangle (A) in half lengthwise with right sides together. Leave a 3" opening in the middle and stitch.



3. Press the seam open and edgestitch on both sides of the seam. Do not close the opening. This is your filter opening.



4. With the mask folded in half. Pin one end of an elastic strip to the top side and the other end to the bottom side.



5. Repeat with the other side. Pin sides closed and stitch, securing the ends of the elastics only.

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6. Clip your corners and pull right side out through the 3" opening.

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7. Making sure your filter gap is at the back, pleat the sides of your mask. Create 3 even pleats on each side. We used 1/2" pleats.

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8. Once all pleats are in place edgestitch along both sides securing them in place. Press.

FRONT**BACK**

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