

Materials



- 0.3m cotton for outer layer
- 0.3m cotton for inner layer

Sewing Info

- seam allowances are 1/4" unless otherwise indicated.
- Rolled Hem: a small hem made up of two folds to hide the raw edge of a fabric.

Disclaimer

Disclaimer: this face mask is not intended to replace surgical face masks. It is an additional option for individuals to feel protected and avoid touching their face while leaving surgical masks for our front-line workers. The material suggested is not medically approved. These masks are not proven to prevent Covid-19 or any other illnesses. Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water. For more information on masks please visit

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

Instructions



1. Wash all fabric prior to use. Using the pattern provided cut out 4 pieces of cotton and 4 strips measuring 18" x 1 3/4".



2. Trim 1/2" off the side of the inner layer pieces.



3. Place the pieces right sides together and stitch along the middle curve.



4. Press the seam open.



5. On the outer layer fold the sides in 1/4" and the top and bottom in 1/4". You don't need to press the whole top and bottom, only about 1" in.



6. Place your strap pieces right sides together and stitch down the long edge and across one short end.



7. Turn right side out and press. Do this for all 4 straps.



8. Place the raw edge of the strap on the side of the outer layer, matching raw edges. Line up the side of the straps with the raw edge of the top and bottom.



9. Fold the side over 1/4" and pin. You are creating a rolled hem with the strap sandwiched between it.



10. Fold the straps back over so they are facing away from the mask and pin.



11 Topstitch the fold and straps down. Repeat on the other side.



12. Create a 1/4" rolled hem on the inner layer side.



13. Place the inner and outer layers right sides together matching center seams, pin in place. Stitch the top edge and bottom edge. The outer layer will extend past the inner layer.



14. Turn right side out and press. You can insert a filter through the sides.

Disclaimer

Disclaimer: this face mask is not intended to replace surgical face masks. It is an additional option for individuals to feel protected and avoid touching their face while leaving surgical masks for our front-line workers. The material suggested is not medically approved. These masks are not proven to prevent Covid-19 or any other illnesses. Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water. For more information on masks please visit <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>